



Hospital Auxiliary Fall 2009 Newsletter

You're Invited to...

Mitchell County Hospital Auxiliary's

Annual Board Meeting

**Thursday, November 19th
5:15 p.m.**

**Hospital Lower Level Board Room
Mitchell County Regional Health Center**

**A light supper will be served.
Infection Prevention RN, Judy Brown
will answer all of your seasonal and
H1N1 flu questions.**

***Please RSVP to Stephanie @ 732-6022
by November 16th if you plan to attend.
(An RSVP is needed to plan for the meal)***

Irma Almquist Retires, Leesa Shane Resigns

Two recent resignations have left a hole in MCRHC's volunteer program. Irma Almquist chose to retire from her Monday afternoon post in the gift shop, following her 96th birthday. Irma had worked in the gift shop steadily since 2000. But her volunteer career actually began at the old hospital where she was a charter member of the Auxiliary and volunteered until her sons left for college in 1951.

Leesa Shane, Volunteer Coordinator, has left MCRHC and moved to Savage, Minnesota. Leesa was with MCRHC for nearly 4 years and had been the Volunteer Coordinator since January 2007.

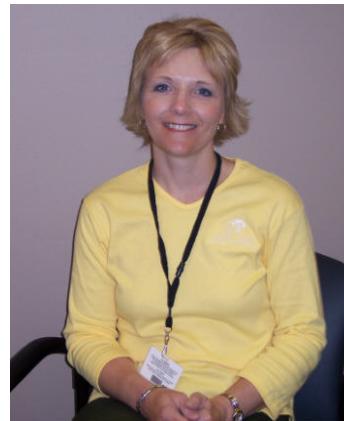
Both of these ladies will be dearly missed.



Cookbooks On Sale!!

Just in time for Christmas, the Hospital Auxiliary Cookbooks are now only \$12.50, marked down from \$15.00. Cookbooks are available for sale at the hospital gift shop, the clinics in

St. Ansgar, Stacyville and Riceville, Kountry Kupboard and Larsen's Hardware Hank. If you haven't purchased one yet, you are missing out. These cookbooks are almost too beautiful to leave in a cupboard and the recipes are great!



Leesa Shane, above,
and Irma Almquist,
right.



Join MCRHC's Email Mailing List

MCRHC has started an email newsletter to keep the public informed on upcoming events and health topics. This email list is not shared with any other entity and is only used for the monthly newsletter. All subscribers are entered into a monthly drawing for a \$25 gift certificate to the hospital gift shop. To sign up, go to: www.mitchellcohospital-clinics.com and enter your email address in this box on the right-hand side of our home page.

Sign up for our Email Newsletter

Upcoming Events

MCRHC has partnered with various groups in Mitchell County to provide the following upcoming events:

Healthy U Expo

November 12 from 2:00 – 7:00 p.m. at the CRC Event Center

Check out the local resources available to help you live a healthier lifestyle.

Admission is FREE. Food will be available for purchase.

Wellness Coming To You

Free Glucose Screening, Blood Pressure Checks and Osteoporosis Screenings PLUS Reduced-Price Wellness Labs available.

Stacyville Clinic Fri., Dec. 4

Osage CRC Events Center, Mitchell County Fairgrounds Fri., January 7

Riceville Clinic Thurs., Feb. 4

St. Ansgar Rescue Meeting Room Fri., March 5

*Hospital Auxiliary
Gift Shop*

\$10 off

**Save \$10.00 on any
purchase of
\$50.00 or more**

*(Regular priced merchandise only)
Expires 12-31-09*

2009 Fundraisers

The Mitchell County Hospital Auxiliary fundraisers held this year were the Annual Salad Luncheon, Cookbook Sales, the Autumn Artistry Pie Sale, \$5 Masquerade Jewelry Sale and the 3rd Annual Christmas Sneak Preview Sale.

The funds raised will be used toward decorating a "Serenity Room" in the hospital. The Serenity Room will be a quiet place where visitors can go to pray, meditate or meet privately with a physician or clergy.

In addition to the Serenity Room, the hospital auxiliary has supported the Thank you to everyone who supported these fundraisers!